





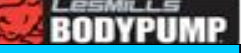






















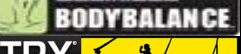
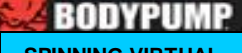





HORARIO DE ACTIVIDADES DEL 3 DE AGOSTO AL 30 DE AGOSTO 2015

INICIO	LUNES	S	MARTES	S	MIERCOLES	S	JUEVES	S	VIERNES	S	SABADO	S
07:30	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2		
8:30	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2		
09:30	TONOEXPRESS	1		1	ABDOMINAL	1	TONO 	1	ABDOMINAL	1	SPINNING VIRTUAL	2
		2	SPINNING VIRTUAL	2		2	SPINNING VIRTUAL	2		2		
10:30		1				1		2	SPINNING VIRTUAL	2	ABDOMINAL	1
	SPINNING VIRTUAL	2		2	SPINNING VIRTUAL	2	ESP. SANA	3	PILATES	3		
11:00			TONOEXPRESS				TONOEXPRESS	1				1
11:30	ESP. SANA	3	BAILANDO	1	PILATES	3		1	AC. FISICO	1		
12:15	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2		2
12:30	TONOEXPRESS	1	ABDOMINAL	1			ABDOMINAL					
14:15	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2	 	
14:30	ABDOMINAL	1	ABDOMINAL	1	ABDOMINAL	1	TONOEXPRESS	1	ABDOMINAL	1		
15:30				2			STEP	1		1		
	SPINNING VIRTUAL	2			SPINNING VIRTUAL	2	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2		
16:30	ABDOMINAL	1	ABDOMINAL	1	ABDOMINAL	1	ABDOMINAL	1	ABDOMINAL	1		
17:00	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2		
		1	ABDOMINAL	1		1	ABDOMINAL	1		1		
17:30	ABDOMINAL	3			ABDOMINAL	3			ABDOMINAL	3		
		2	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2		2	SPINNING VIRTUAL	2		
18:00	AC. FISICO	1		1		1	AC. FISICO	1		1		
19:30	STEP	1		1	ABDOMINAL	1		1	ABDOMINAL	1		
		2	SPINNING VIRTUAL	2		2	SPINNING VIRTUAL	2		2		
	ESTIRAMIENTOS	3	PILATES	3		3	ESP. SANA	3				
20:30		1	TONOEXPRESS	1		1	TONOEXPRESS	1	TONOEXPRESS	1		
	SPINNING VIRTUAL	2		2	SPINNING VIRTUAL	2		2	SPINNING VIRTUAL	2		
	ABDOMINAL	3			ABDOMINAL	3						
21:30	TONOEXPRESS	1	ABDOMINAL	1	TONOEXPRESS	1	ABDOMINAL	1	ABDOMINAL	1		
	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2	SPINNING VIRTUAL	2		